

To all members of the St James Traditional Services

A Weekly Word of Encouragement: Reflecting on your life

Psalm 90 – well known, memorable, the hymn “O God our help in ages past” is based on this psalm. Read it reflectively, for there is much to reflect on.

The shortest day of the year has just passed – June 21 – the winter solstice.

Life is short: the older I get, the more I realise my time here is short – 70/80 years (the proverbial 3 score years and 10; or 4 score) – often more, often less. Life is short: our days are ordained by God (Psalm 139:16). I need to be aware my time is limited (v.12)

Life is fragile: we are wearing out and wearing down – to dust! Death is part of a fallen creation – our turning away from God has consequences. Sin and Death must be faced realistically. Few things in life are of lasting value; don't waste your life on trifles.

God is eternal – from everlasting to everlasting (v. 2), and therefore God's love is unfailing (v. 14) – it overcomes our mortality. Jesus is the full expression of God's eternal love and He is Resurrection and Life (1 John 4:9, 10; John 11:25).

Find satisfaction in His love each morning – then nothing will unsettle or move you from that sure foundation.

Prayer:

Lord, life is flying away so fast, and I am increasingly aware of its shortness and my frailty. Help me to face the prospect of death realistically and without fear, because my trust is in Jesus and what you have done for me in Him. Once Your love takes hold of me, even death can only bring me close to You. I love You for loving me eternally. Amen.

Remember:

- keep praying daily
- keep reading God's Word
- keep in touch with one another, and know that I am only a phone call away: 0438 455 493.

With Christian love,

Robert