

Shopping help for the over 65s



Ku-ring-gai Council and local community organisations are teaming up to help you in these uncertain times.

If you are over 65, these services can take your shopping list, shop for you and deliver groceries to your front door.

Ku-ring-gai Neighbourhood Centre

📞 9988 4966 @ info@knc.org.au

Hornsby Ku-ring-gai Community Transport

📞 9983 1611 @ info@communitytransport.org.au

Meals on Wheels

can deliver prepared meals and toilet paper

📞 9144 2044 @ meals@kmow.org.au

Lifeline Community Aid

can deliver emergency food packages

📞 9498 5882 @ comaid@lifelineh2h.org.au

For enquiries contact the Council's Aged Services Team on 9424 0000

